

<b><u>Young Talent Boys</u></b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Luciano	Slawers	13	Superkids Riversdal	4:56,27
2	Lethan	Cloete	14	Fit2Run	5:00,79
3	Waldo	Breytenbach	14	Midstream College	5:04,93

<b><u>Young Talent Girls</u></b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Caitlyn	Cawood	13	Nedbank Running Club	5:30,38
2	Emelia	Fortuin	14	Fit2Run	5:35,96
3	Muezaan Cornesia	Jansen	12	Fit2Run	5:47,13

<b><u>YOUTH BOYS</u></b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Corne	De Fouw	17	Monnas	4:14,95
2	Keanu	Welch	17	Brandwag High School	4:27,29
3	Lee-tin	Syfers	16	Fit2Run	4:28,95

<b><u>YOUTH GIRLS</u></b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Alri	Verster	16	Gimmies	5:09,26
2	Zabine	Von Westernhagen	16	Boxer AC	5:16,88
3	Megan	Hyde	14	Glenwood House	5:39,51

<b><u>JUNIOR MEN</u></b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Rico	Leijenaar	17	Gimmies	4:16,22
2	Jaycee	Farmer	19	NWU	4:24,72
3	Tyron-lee	Andries	18	Langenhoven Gimnasium	4:28,19

<b><u>JUNIOR LADIES</u></b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Jandri	Snyders	18	Hartenbos Drawwers	5:40,40
2					
3					

<b>VETS 40+ MEN</b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Roger	Bezuidenhout	49	ATC	5:42,14
2	Francois	van Rensburg	52	Individual	5:57,28
3	Thilo	Von Westernhagen	62	Midstream AC	6:15,49

<b>VETS 40+ LADIES</b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Marili	Munnik	53	Murray & Roberts	5:26,50
2	Simoné	Botha	41	Midstream College	5:41,69
3					

<b>ASWD MEN OPEN</b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Gerswin	Jones	35	Coastline AC	4:26,61
2	Tyron-lee	Andries	18	Langenhoven Gimnasium	4:28,19
3	Selwyn	Matthews	24	Nedbank Running Club	4:32,79

<b>ASWD LADIES OPEN</b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Caitlyn	Cawood	13	Nedbank Running Club	5:30,38
2	Megan	Hyde	14	Glenwood House	5:39,51
3	Jandri	Snyders	18	Hartenbos Drawwers	5:40,40

<b>MEN OPEN</b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Nkosinathi	Sibiya	28	UJ	3:59,19
2	Christopher	Swart	22	NWU	4:00,19
3	Bafana Innocent	Mnyakeni	24	Kovsie AC	4:01,25
4	Renier	De Villers	20	PTC	4:01,97

<b>LADIES OPEN</b>					
POS	NAME	SURNAME	AGE	CLUB	TIME
1	Charne	Swart	20	Tuks	4:37,26
2	Kesa	Molotsane	30	Murray & Roberts	4:43,54
3	Janie	Janse Van Rensburg	22	Tuks	4:47,80
4	Stephany	Petro	20	NWU	4:53,44