

Young Talent Boys

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Zian	Brekman	14	Hoërskool Zwartkop	4:56,44
2	Luciano	Slawers	13	Superkids Riversdal	5:03,16
3	Lethan	Cloete	14	Fit2Run	5:05,93

Young Talent Girls

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Simone	van der Merwe	14	Athletes Academy	5:22,75
2	Jenna	Coetzee	14	Collegiate High / Max Africa	5:28,37
3	Mika-Leigh	Strydom	13	"Do It With Passion" Bloemfontein	5:37,61

YOUTH BOYS

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Corne	De Fouw	17	Monnas	4:20,33
2	Jaden	De Wet	17	UJ	4:27,42
3	Rico	Coetzer	15	Boxer AC	4:27,83

YOUTH GIRLS

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Alri	Verster	16	Gimmies	5:18,67
2	Zabine	Von Westernhagen	16	Boxer AC	5:21,19
3	Carlé	Stockenström	16	Oranje Meisies	5:31,85

JUNIOR MEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Jaycee	Farmer	19	NWU	4:17,11
2	Rico	Leijenaar	17	Gimmies	4:18,80
3	Lee-Hanro	Arendse	16	Endurocad	4:25,75

JUNIOR LADIES

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Anja	Van Heerden	19	Dogsquad	5:15,80
2	Cyla	Botha	19	Tuks	5:25,72
3	Delaine	Willemse	18	Suikerbosrand Athletics Club	5:49,80

VETS 40+ MEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Wilhelm	Steyn	43	Vitality	5:05,41
2	Willem	van Rooyen	48	Mogol Atletiek Klub	5:37,78
3	Dirk	Kotze	61	SWD Masters	5:42,35

VETS 40+ LADIES

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Marili	Munnik	53	Murray & Roberts	5:38,36
2	Riana	Volschenk	44	Hangklip Atletiek Klub	6:29,86
3	Anita	Louw	65	Oxford Striders	8:20,16

ASWD MEN OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Selwyn	Matthews	24	Nedbank Running Club SWD	4:24,75
2	Tyron-lee	Andries	18	Langenhoven Gimnasium	4:30,85
3	Max-Lee	Pedro	21	Coastline AC	4:36,47

ASWD LADIES OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Jandri	Snyders	18	Hartenbos Drawwers	5:52,96
2	Caitlyn	Cawood	13	Nedbank Running Club SWD	5:53,45
3	Duné	Haasbroek	12	Outeniqua Harriers	6:12,91

MEN OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Nkosinathi	Sibiya	28	UJ	4:04,97
2	Christopher	Swart	22	NWU	4:08,06
3	Renier	De Villers	20	PTC	4:09,50
4	Bafana Innocent	Mnyakeni	24	Kovsie AC	4:09,79

LADIES OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Charne	Swart	20	Tuks	4:59,76
2	Kesa	Molotsane	30	Murray & Roberts	5:01,99
3	Simonay	Weitsz	23	TUT	5:02,78
4	Janie	Janse Van Rensburg	22	Tuks	5:03,66