

Young Talent ID Race

	Name	Surname	Gender	Age	Category	Club	Time
1	Caitlyn	Cawood	Female	13	Young Talent ID Girls (born 2008 -2013)	Nedbank Running Club SWD	5:27,68
2	Annabelle	McEwan	Female	13	Young Talent ID Girls (born 2008 -2013)	Outeniqua Harriers	5:36,43
3	Emelia	Fortuin	Female	14	Young Talent ID Girls (born 2008 -2013)	Fit2Run	5:44,72
4	Shanon	Swarts	Female	12	Young Talent ID Girls (born 2008 -2013)	Fit2Run	5:50,01
5	Muezaan Cornesia	Jansen	Female	12	Young Talent ID Girls (born 2008 -2013)	Fit2Run	5:56,61
6	Mehandré Shinique	Boer	Female	13	Young Talent ID Girls (born 2008 -2013)	Fit2Run	6:05,12
7	Grane-Lee Roché	Fortuin	Female	11	Young Talent ID Girls (born 2008 -2013)	Fit2Run	6:05,61
8	Cameron	Frances	Female	11	Young Talent ID Girls (born 2008 -2013)	Superkids Riversdal	6:16,18
9	Laurika	Jacobs	Female	10	Young Talent ID Girls (born 2008 -2013)	Superkids Riversdal	6:16,65
10	Stephano	Phillander	Female	13	Young Talent ID Girls (born 2008 -2013)	Fit2Run	6:21,74
11	Le-Niell Odeall	Abrahams	Female	14	Young Talent ID Girls (born 2008 -2013)	Fit2Run	6:22,98
12	Shanice Faith	Lukas	Female	14	Young Talent ID Girls (born 2008 -2013)	Fit2Run	6:36,67
13	Jordan-Lee	Prins	Female	10	Young Talent ID Girls (born 2008 -2013)	Superkids Riversdal	6:36,97
14	Alrie	Eloff	Female	9	Young Talent ID Girls (born 2008 -2013)	Coastline AC	6:37,29
15	Raylene	Taylor	Female	14	Young Talent ID Girls (born 2008 -2013)	Superkids Riversdal	6:37,92
16	Janika	Yzelle	Female	11	Young Talent ID Girls (born 2008 -2013)	Hartenbos Drawwers	7:28,75

Young Talent ID Race

	Name	Surname	Gender	Age	Category	Club	Time
1	Luciano	Slawers	Male	13	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	4:58,49
2	Lethan	Cloete	Male	14	Young Talent ID Boys (born 2008 -2013)	Fit2Run	4:58,96
3	Tayron	Taylor	Male	14	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	5:35,56
4	Jordan-Lee	Bernardus	Male	14	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	5:40,82
5	Janiquin	Slawers	Male	9	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	5:48,77
6	Eugene	Saayman	Male	9	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	5:50,06
7	Wihan	Strydom	Male	12	Young Talent ID Boys (born 2008 -2013)	Gimmies	5:50,97
8	Stiaan	van Wyk	Male	11	Young Talent ID Boys (born 2008 -2013)	Laerskool Wesbank	5:55,34
9	Christiano	Micheals	Male	10	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	6:04,35
10	Juhann	Riekert	Male	11	Young Talent ID Boys (born 2008 -2013)	Nedbank Running Club	6:08,46
11	Peetlynn	Kortje	Male	12	Young Talent ID Boys (born 2008 -2013)	Superkids Riversdal	6:08,81
12	Cameron	McEwan	Male	10	Young Talent ID Boys (born 2008 -2013)	Outeniqua Harriers	6:21,93
13	Alexander	van Wyk	Male	9	Young Talent ID Boys (born 2008 -2013)	Laerskool Wesbank	6:51,78

Youth Girls & 40+ Ladies

	Name	Surname	Age	Category	Club	Time
1	Alri	Verster	16	Youth Girls	Gimmies	5:22,00
2	Zabine	Von Westernhagen	16	Youth Girls	Boxer AC	5:31,57
3	Megan	Hyde	14	Youth Girls	Glenwood House	5:39,41
4	Chanté	Viljoen	16	Youth Girls	UJ	5:43,81

Ladies Open & Junior Ladies

	Name	Surname	Age	Category	Club	Time
1	Anja	Van Heerden	19	Junior Ladies	Dogsquad	5:18,30
2	Jandri	Snyders	18	Junior Ladies	Hartenbos Drawwers	5:32,93

Ladies Open & Junior Ladies

	Name	Surname	Age	Category	Club	Time
1	Kesa	Molotsane	30	Open/ Elite Ladies	Murray & Roberts	4:55,92
2	Charne	Swart	20	Open/ Elite Ladies	Tuks	4:56,01
3	Simonay	Weitsz	23	Open/ Elite Ladies	TUT	5:01,39
4	Janie	Janse Van Rensburg	22	Open/ Elite Ladies	Tuks	5:02,27
5	Stephany	Petro	20	Open/ Elite Ladies	NWU	5:04,80
6	Kobie	Griffiths	37	Open/ Elite Ladies	Nedbank WP	5:08,55
7	Michelle	Redelinghuys	27	Open/ Elite Ladies	Boxer AC	5:10,60
8	Lizandre	Mulder	25	Open/ Elite Ladies	Kovsie AC	5:13,88
9	Beatrice	Themane	22	Open/ Elite Ladies	TUT	5:51,30
10	Sharlan	Boer	24	Open/ Elite Ladies	Fit2Run	5:59,58

Youth Boys & 40+ Men

	Name	Surname	Age	Category	Club	Time
1	Corne	De Fouw	17	Youth Boys	Monnas	4:12,02
2	Jaden	De Wet	17	Youth Boys	UJ	4:28:25
3	Lee-tin	Syfers	16	Youth Boys	Fit2Run	4:35,64
4	Christopher	Steyn	15	Youth Boys	Athletes Academy	4:36,75
5	Danville Don	Willemse	15	Youth Boys	Coastline AC	4:43,77
6	Tihard	Strydom	15	Youth Boys	Gimmies	4:48,43
7	William	van Tonder	17	Youth Boys	Langenhoven Gimnasium	4:54,95
8	Henrique	Cupido	15	Youth Boys	Superkids Riversdal	5:57,85
9	Marius	De Vlam	15	Youth Boys	Superkids Riversdal	6:05,23

Men Open & Junior Men

	Name	Surname	Age	Category	Club	Time
1	Rico	Leijenaar	17	Junior Men	Gimmies	4:16,11
2	Andy	Munnik	19	Junior Men	PTC	4:20,25
3	Jaycee	Farmer	19	Junior Men	NWU	4:22,40
4	Lee-Hanro	Arendse	16	Junior Men	Endurocad	4:23,83
5	Tyron-lee	Andries	18	Junior Men	Langenhoven Gimnasium	4:34,03
6	Gershwin	Fielies	18	Junior Men	Coastline AC	4:43,25
7	Luciano Stuurman	Stuurman	18	Junior Men	Coastline AC	4:48,13
8	Luther	Blaauw	19	Junior Men	Nedbank Running Club SWD	4:54,56
9	Gustav	von Westernhagen	18	Junior Men	Midstream AC	5:00,90

Men Open & Junior Men

	Name	Surname	Age	Category	Club	Time
1	Nkosinathi	Sibiya	28	Open/ Elite Men	UJ	3:58,95
2	Renier	De Villers	20	Open/ Elite Men	PTC	4:04,27
3	Christopher	Swart	22	Open/ Elite Men	NWU	4:07,07
4	Bafana Innocent	Mnyakeni	24	Open/ Elite Men	Kovsie AC	4:09,27
5	(Kim) Mdumiseni	Mtolo	23	Open/ Elite Men	NWU	4:13,69
6	James	Munnik	25	Open/ Elite Men	Murray & Roberts	4:19,81
7	Itumeleng Olebogeng	Sesiko	23	Open/ Elite Men	NWU	4:22,16
8	Selwyn	Matthews	24	Open/ Elite Men	Nedbank Running Club	4:28,98
9	Dudu Miclas	Langa	28	Open/ Elite Men	TUT	4:32,03
10	Melt	von Molendorff	22	Open/ Elite Men	Athletes Academy	4:34,85
11	Boy Moorosi	Soke	39	Open/ Elite Men	Kovsie AC	4:36,18
12	Max-Lee	Pedro	21	Open/ Elite Men	Coastline AC	4:43,49
13	Francois	Maquassa	27	Open/ Elite Men	Nedbank Running Club George	4:49,54
14	Pierre	Alexander	21	Open/ Elite Men	Cape Peninsula University of Technology	4:59,89
15	Cecil-John	Hardnick	30	Open/ Elite Men	ETA George	5:11,22
16	Jerry	Motsau	32	Open/ Elite Men	PTC	DNF

YOUNG TALENT BOYS

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Luciano	Slawers	13	Superkids Riversdal	4:58,49
2	Lethan	Cloete	14	Fit2Run	4:58,96
3	Tayron	Taylor	14	Superkids Riversdal	5:35,56

YOUNG TALENT GIRLS

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Caitlyn	Cawood	13	Nedbank Running Club SWD	5:27,68
2	Annabelle	McEwan	13	Outeniqua Harriers	5:36,43
3	Emelia	Fortuin	14	Fit2Run	5:44,72

YOUTH BOYS

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Corne	De Fouw	17	Monnas	4:12,02
2	Jaden	De Wet	17	UJ	4:28,25
3	Lee-tin	Syfers	16	Fit2Run	4:35,64

YOUTH GIRLS

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Alri	Verster	16	Gimmies	5:22,00
2	Zabine	Von Westernhagen	16	Boxer AC	5:31,57
3	Megan	Hyde	14	Glenwood House	5:39,41

JUNIOR MEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Rico	Leijenaar	17	Gimmies	4:16,11
2	Andy	Munnik	19	PTC	4:20,25
3	Jaycee	Farmer	19	NWU	4:22,40

JUNIOR LADIES

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Anja	Van Heerden	19	Dogsquad	5:18,30
2	Jandri	Snyders	18	Hartenbos Drawwers	5:32,93
3					

VETS 40+ MEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1					
2					
3					

VETS 40+ LADIES

POS	NAME	SURNAME	AGE	CLUB	TIME
1					
2					
3					

ASWD MEN OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Selwyn	Matthews	24	Nedbank Running Club	4:28,98
2	Tyron-lee	Andries	18	Langenhoven Gimnasium	4:34,03
3	Gershwin	Fielies	18	Coastline AC	4:43,25

ASWD LADIES OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Caitlyn	Cawood	13	Nedbank Running Club SWD	5:27,68
2	Jandri	Snyders	18	Hartenbos Drawwers	5:32,93
3	Megan	Hyde	14	Glenwood House	5:39,41

MEN OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Nkosinathi	Sibiya	28	UJ	3:58,95
2	Renier	De Villers	20	PTC	4:04,27
3	Christopher	Swart	22	NWU	4:07,07
4	Bafana Innocent	Mnyakeni	24	Kovsie AC	4:09,27

LADIES OPEN

POS	NAME	SURNAME	AGE	CLUB	TIME
1	Kesa	Molotsane	30	Murray & Roberts	4:55,92
2	Charne	Swart	20	Tuks	4:56,01
3	Simonay	Weitsz	23	TUT	5:01,39
4	Janie	Janse Van Rensburg	22	Tuks	5:02,27

