

Young Talent ID Race

	Name	Surname	Age	Category	Club	Time
1	Simone	van der Merwe	14	Young Talent ID Girls	Athletes Academy	5:22,75
2	Jenna	Coetzee	14	Young Talent ID Girls	Collegiate High / Max Africa	5:28,37
3	Mika-Leigh	Strydom	13	Young Talent ID Girls	"Do It With Passion" Bloemfontein	5:37,61
4	Muezaan Cornesia	Jansen	12	Young Talent ID Girls	Fit2Run	5:52,04
5	Caitlyn	Cawood	13	Young Talent ID Girls	Nedbank Running Club SWD	5:53,45
6	Shanon	Swarts	12	Young Talent ID Girls	Fit2Run	5:55,09
7	Grane-Lee Roché	Fortuin	11	Young Talent ID Girls	Fit2Run	6:01,54
8	Emelia	Fortuin	14	Young Talent ID Girls	Fit2Run	6:01,97
9	Lilla	Koen	13	Young Talent ID Girls	Laerskool Outeniqua	6:07,15
10	Marony	Jacobs	14	Young Talent ID Girls	Max Africa	6:08,39
11	Zani	Volschenk	13	Young Talent ID Girls	Dogsquad	6:09,75
12	Emma	Hickley	12	Young Talent ID Girls	Laerskool Rynfield	6:11,31
13	Mehandré Shinique	Boer	13	Young Talent ID Girls	Fit2Run	6:12,26
14	Duné	Haasbroek	12	Young Talent ID Girls	Outeniqua Harriers	6:12,91
15	Laurika	Jacobs	10	Young Talent ID Girls	Superkids Riversdal	6:13,54
16	Lize	Heerschap	12	Young Talent ID Girls	Dogsquad	6:18,64
17	Cameron	Frances	11	Young Talent ID Girls	Superkids Riversdal	6:21,43
18	Stephano	Phillander	13	Young Talent ID Girls	Fit2Run	6:24,43
19	Le-Niell Odeall	Abrahams	14	Young Talent ID Girls	Fit2Run	6:25,98
20	Jané	Sieberhagen	10	Young Talent ID Girls	Montana	6:28,62
21	Jaime	Mote	14	Young Talent ID Girls	Individual	6:31,55
22	Wilme	Wilson	11	Young Talent ID Girls	FTG (Monnas)	6:34,75
23	Jordan-Lee	Prins	10	Young Talent ID Girls	Superkids Riversdal	6:38,75
24	Raylene	Taylor	14	Young Talent ID Girls	Superkids Riversdal	6:40,68
25	Lenka	Viljoen	13	Young Talent ID Girls	Laerskool Outeniqua	6:41,96
26	Shanice Faith	Lukas	14	Young Talent ID Girls	Fit2Run	6:42,67
27	Kyla	Smit	13	Young Talent ID Girls	Eversdal	7:00,01
28	Lika	Visser	9	Young Talent ID Girls	Laerskool Northmead/Boksburg AC	7:06,82

29	Simone	Van Der Linde	13	Young Talent ID Girls	Laerskool Mooirivier	7:07,72
30	Riëtte	Wilson	13	Young Talent ID Girls	Krugersdorp-Noord	7:19,73
31	Nina	Smit	10	Young Talent ID Girls	Eikestad	7:36,02
32	Janika	Yzelle	11	Young Talent ID Girls	Hartenbos Drawwers	7:39,50
33	Lea	Smit	11	Young Talent ID Girls	Eversdal	7:55,54
34	Jana-Mari	Janse van Vuuren	9	Young Talent ID Girls	Laerskool Lynnwood	9:59,48

Young Talent ID Race

	Name	Surname	Age	Category	Club	Time
1	Zian	Brekman	14	Young Talent ID Boys	Hoërskool Zwartkop	4:56,44
2	Luciano	Slawers	13	Young Talent ID Boys	Superkids Riversdal	5:03,16
3	Lethan	Cloete	14	Young Talent ID Boys	Fit2Run	5:05,93
4	Nicolaas	Botha	11	Young Talent ID Boys	Hennospark	5:13,28
5	Jac	du Plessis	13	Young Talent ID Boys	Outeniqua Laerskool	5:15,03
6	Eduan	Rademan	14	Young Talent ID Boys	Transvalia Atletiek Klub	5:28,86
7	Gerard	Bekker	14	Young Talent ID Boys	Paul Roos High School	5:29,22
8	Pierre-Daniel	Jacobs	13	Young Talent ID Boys	Individual	5:34,72
9	Marinus	Rademan	11	Young Talent ID Boys	Transvalia Atletiek Klub	5:44,39
10	CG	Volschenk	12	Young Talent ID Boys	Hangklip Atletiek Klub	5:45,69
11	Thomas	van der Merwe	13	Young Talent ID Boys	Paul Roos High School	5:49,30
12	Daniel	Linde	12	Young Talent ID Boys	Grey	5:50,24
13	Tayron	Taylor	14	Young Talent ID Boys	Superkids Riversdal	5:52,10
14	Wihan	Strydom	12	Young Talent ID Boys	Gimmies	5:52,86
15	Jordan-Lee	Bernardus	14	Young Talent ID Boys	Superkids Riversdal	5:53,39
16	Christiano	Micheals	10	Young Talent ID Boys	Superkids Riversdal	5:53,73
17	Eugene	Saayman	9	Young Talent ID Boys	Superkids Riversdal	5:54,11
18	Stiaan	van Wyk	11	Young Talent ID Boys	Laerskool Wesbank	5:57,54
19	Ryan	Hickley	14	Young Talent ID Boys	Hans Moore Hoërskool	5:58,72
20	Brink	Linde	11	Young Talent ID Boys	Grey	6:03,65
21	Zach	Daschner	13	Young Talent ID Boys	Durbanville High School	6:04,19
22	Janiquin	Slawers	9	Young Talent ID Boys	Superkids Riversdal	6:04,51
23	Oliver	Waterford	10	Young Talent ID Boys	Kurrungai Little Athletics	6:06,83
24	Nico	Smit	12	Young Talent ID Boys	Eikestad	6:11,82
25	Peetlynn	Kortje	12	Young Talent ID Boys	Superkids Riversdal	6:17,44
26	Dawid	Van Der Linde	9	Young Talent ID Boys	Laerskool Mooirivier	6:19,20
27	Niel	Stow	11	Young Talent ID Boys	Grey PE	6:20,20
28	Liebert	Nel	10	Young Talent ID Boys	Hennospark Laerskool	6:29,19

29	Juhann	Riekert	11	Young Talent ID Boys	Nedbank Running Club	6:30,12
30	Pieter Schalk	van der Merwe	9	Young Talent ID Boys	Laerskool Hartenbos	6:35,71
31	DJ	Stow	8	Young Talent ID Boys	Grey PE	6:40,73
32	Matthew	Hartley	9	Young Talent ID Boys	Knysna Primary	6:47,35
33	Ruben	Pienaar	12	Young Talent ID Boys	Laerskool Monument Park	6:51,68
34	Luan	Visser	12	Young Talent ID Boys	Laerskool Northmead/Boksburg AC	6:52,06
35	De Wet	Sieberhagen	8	Young Talent ID Boys	Montana	6:52,31
36	Kian	Gelderblom	12	Young Talent ID Boys	Laerskool Impala	6:54,16
37	Andrew	Scheepers	9	Young Talent ID Boys	Unika	6:55,15
38	Alexander	van Wyk	9	Young Talent ID Boys	Laerskool Wesbank	7:21,36
39	Christiaan	Odendaal	10	Young Talent ID Boys	Van Riebeeckstrand Laer	7:50,44
40	Luhard	Janse van Vuuren	7	Young Talent ID Boys	Laerskool Lynnwood	10:03,85

Youth Girls

	Name	Surname	Age	Category	Club	Time
1	Alri	Verster	16	Youth Girls	Gimmies	5:18,67
2	Zabine	Von Westernhagen	16	Youth Girls	Boxer AC	5:21,19
3	Carlé	Stockenström	16	Youth Girls	Oranje Meisies	5:31,85
4	Zanike	Breytenbach	17	Youth Girls	Affies	5:34,97
5	Chanté	Viljoen	16	Youth Girls	UJ	5:44,66
6	Chanté	Prinsloo	17	Youth Girls	Noordheuwel	5:52,28
7	Esian	Delpont	16	Youth Girls	AHMP	6:35,49
8	Lieze	Wilson	15	Youth Girls	Monument Hoërskool	7:26,48

Youth Boys

	Name	Surname	Age	Category	Club	Time
1	Corne	De Fouw	17	Youth Boys	Monnas	4:20,33
2	Jaden	De Wet	17	Youth Boys	UJ	4:27,42
3	Rico	Coetzer	15	Youth Boys	Boxer AC	4:27,83
4	Kevin	Hickley	17	Youth Boys	Hans Moore Hoërskool	4:30,45
5	Nico	De Villiers	17	Youth Boys	Hoërskool Garsfontein	4:31,89
6	Xander	van Rensburg	17	Youth Boys	Fairmont High School	4:33,12
7	Werner	Gouws	15	Youth Boys	Individual	4:35,83
8	Christopher	Steyn	15	Youth Boys	Athletes Academy	4:36,88
9	Danville Don	Willemse	15	Youth Boys	Coastline AC	4:46,30
10	William	van Tonder	17	Youth Boys	Langenhoven Gimnasium	4:46,97
11	Tihard	Strydom	15	Youth Boys	Gimmies	4:49,05
12	Bertus	Van Der Linde	16	Youth Boys	Potchefstroom Track Club	4:50,58
13	Christopher	Jansen van Rensburg	15	Youth Boys	Athletes Academy	4:53,72
14	Nico	Vrey	16	Youth Boys	Nedbank Running Club	4:58,31
15	Lee-tin	Syfers	16	Youth Boys	Fit2Run	5:04,60
16	Dian	Nienaber	15	Youth Boys	Rustenburg High School	5:09,05
17	Ernst	Joubert	17	Youth Boys	Monnas	5:23,61
18	Ruan	Rossouw	15	Youth Boys	Hoërskool Outeniqua	5:27,69
19	Mikael	Viljoen	16	Youth Boys	Individual	5:53,87
20	Walter	van der Mescht	15	Youth Boys	Langenhoven Gimnasium	5:56,30
21	Rudolf	de Wet	17	Youth Boys	Worcester Gimnasium	6:00,58
22	Barko	de Wet	16	Youth Boys	Worcester Gimnasium	6:11,43
23	Henrique	Cupido	15	Youth Boys	Superkids Riversdal	6:13,55
24	Marius	De Vlam	15	Youth Boys	Superkids Riversdal	6:16,50
25	Marco	Le Roux	16	Youth Boys	Affies	6:19,23
26	Joshua	Kruger	16	Youth Boys	HTS John Vorster	7:30,70

Junior Ladies

	Name	Surname	Age	Category	Club	Time
1	Anja	Van Heerden	19	Junior Ladies	Dogsquad	5:15,80
2	Cyla	Botha	19	Junior Ladies	Tuks	5:25,72
3	Delaine	Willemse	18	Junior Ladies	Suikerbosrand Athletics Club	5:49,80
4	Jandri	Snyders	18	Junior Ladies	Hartenbos Drawwers	5:52,96

Junior Men

	Name	Surname	Age	Category	Club	Time
1	Jaycee	Farmer	19	Junior Men	NWU	4:17,11
2	Rico	Leijenaar	17	Junior Men	Gimmies	4:18,80
3	Lee-Hanro	Arendse	16	Junior Men	Endurocad	4:25,75
4	Andy	Munnik	19	Junior Men	PTC	4:29,81
5	Tyron-lee	Andries	18	Junior Men	Langenhoven Gimnasium	4:30,85
6	Luther	Blaauw	19	Junior Men	Nedbank Running Club SWD	4:39,68
7	Gershwin	Fielies	18	Junior Men	Coastline AC	4:55,47
8	Petrus	Lottering	18	Junior Men	Stellenbosch AC	5:06,25
9	Luciano	Stuurman	18	Junior Men	Coastline AC	4:56,50
10	Gustav	von Westernhagen	18	Junior Men	Midstream AC	4:58,84
11	Divan	Rossouw	18	Junior Men	Hoërskool Outeniqua	4:59,11
12	Jason	van Antwerpen	19	Junior Men	Tuks	4:46,04

40+ Ladies

	Name	Surname	Age	Category	Club	Time
1	Marili	Munnik	53	40+ Ladies	Murray & Roberts	5:38,36
2	Riana	Volschenk	44	40+ Ladies	Hangklip Atletiek Klub	6:29,86
3	Anita	Louw	65	40+ Ladies	Oxford Striders	8:20,16
4	Louise	Stow	44	40+ Ladies	Individual	8:50,78
5	Audrey Astrid	Kotzé	52	40+ Ladies	Park Run	11:53,73

40+ Men

	Name	Surname	Age	Category	Club	Time
1	Wilhelm	Steyn	43	40+ Men	Vitality	5:05,41
2	Willem	van Rooyen	48	40+ Men	Mogol Atletiek Klub	5:37,78
3	Dirk	Kotze	61	40+ Men	SWD Masters	5:42,35
4	Blain	Waterford	46	40+ Men	SMC Sydney	5:55,95
5	Francois	van Rensburg	52	40+ Men	Individual	5:58,64
6	Gawie	van Jaarsveld	53	40+ Men	Kempton Road Runners	5:59,44
7	Derick	Burger	46	40+ Men	Durbanville Atletiek Klub	6:19,86
8	Thilo	Von Westernhagen	62	40+ Men	Midstream AC	6:36,20
9	Andries	Kotze	55	40+ Men	Park Run	7:11,35
10	David	Stow	46	40+ Men	Individual	7:37,16
11	Andries	Gelderblom	43	40+ Men	Individual	8:05,72

Ladies Open

	Name	Surname	Age	Category	Club	Time
1	Charne	Swart	20	Open/ Elite Ladies (Tuks	4:59,76
2	Kesa	Molotsane	30	Open/ Elite Ladies (Murray & Roberts	5:01,99
3	Simonay	Weitsz	23	Open/ Elite Ladies (TUT	5:02,78
4	Janie	Janse Van Rensburg	22	Open/ Elite Ladies (Tuks	5:03,66
5	Stephany	Petro	20	Open/ Elite Ladies (NWU	5:05,14
6	Michelle	Redelinghuys	27	Open/ Elite Ladies (Boxer AC	5:11,39
7	Lizandre	Mulder	25	Open/ Elite Ladies (Kovsie AC	5:17,57
8	Andrea	Steyn	39	Open/ Elite Ladies (Murray & Roberts	5:26,55
9	Mariaan	Duvenhage	26	Open/ Elite Ladies (Netbank Running Club	5:32,11
10	Sharlan	Boer	24	Open/ Elite Ladies (Fit2Run	6:00,44
11	Liezel	Gouws	23		NWU	6:37,72

Men Open

	Name	Surname	Age	Category	Club	Time
1	Nkosinathi	Sibiya	28	Open/ Elite Men	UJ	4:04,97
2	Christopher	Swart	22	Open/ Elite Men	NWU	4:08,06
3	Renier	De Villers	20	Open/ Elite Men	PTC	4:09,50
4	Bafana Innocent	Mnyakeni	24	Open/ Elite Men	Kovsie AC	4:09,79
5	(Kim) Mdumiseni	Mtolo	23	Open/ Elite Men	NWU	4:13,36
6	Boerseun	Monatlala	27	Open/ Elite Men	PTC	4:16,64
7	James	Munnik	25	Open/ Elite Men	Murray & Roberts	4:17,69
8	Itumeleng Olebogeng	Sesiko	23	Open/ Elite Men	NWU	4:21,47
9	Selwyn	Matthews	24	Open/ Elite Men	Nedbank Running Club SWD	4:24,75
10	Dudu Miclas	Langa	28	Open/ Elite Men	TUT	4:28,80
11	Hannes	Naude	33	Open/ Elite Men	"Do It With Passion" Bloemfontein	4:30,18
12	Max-Lee	Pedro	21	Open/ Elite Men	Coastline AC	4:36,47
13	Thabiso	Masihaphy	28	Open/ Elite Men	TUT	4:37,33
14	Mario	van Schalkwyk	22	Open/ Elite Men	Coastline AC	4:37,93
15	Melt	von Molendorff	22	Open/ Elite Men	Athletes Academy	4:42,22
16	Boy Moorosi	Soke	39	Open/ Elite Men	Kovsie AC	4:43,82
17	Johan	Stadler	22	Open/ Elite Men	PTC	4:48,71
18	Henry	Enslin	24	Open/ Elite Men	BackTrack	4:51,44
19	Cecil-John	Hardnick	30	Open/ Elite Men	ETA George	5:03,27
20	Jean-Pierre	Du Toit	20	Open/ Elite Men	Strand Dienste	5:43,14
21	André	Kretzmann	20	Open/ Elite Men	Individual	5:46,79
22	Jarred	Viljoen	20	Open/ Elite Men	Individual	5:54,96
23	Jason	Viljoen	28	Open/ Elite Men	Individual	5:59,47
24	Janko	de Hart	30	Open/ Elite Men	Individual	6:08,18
25	Johan	Strauss	38	Open/ Elite Men	Bastion	6:28,25
26	Tim	Crofts	39	Open/ Elite Men	Individual	9:44,58
27	Johan	van Niekerk	37	Open/ Elite Men	Individual	9:45,15