

# YOUNG TALENT RACE

	Name	Surname	Age	Category	Club	Time
1	Anesu	Chirombe	14	Young Talent Boys	UWC	4:37,95
2	Danville	Willemse	14	Young Talent Boys	Coastline AC	4:47,66
3	Christopher	Steyn	14	Young Talent Boys	Paul Roos Gymnasium	4:59,53
4	Jacobus	du Plessis	12	Young Talent Boys	Outeniqua Laerskool	5:25,00
5	Devilliers	Lamprecht	13	Young Talent Boys	Grey Kollege	5:25,88
6	Hanre	Du Toit	13	Young Talent Boys	Laerskool Eikestad	5:37,32
7	Tristan	Visser	12	Young Talent Boys	Souls on Fire	5:53,24
8	Eduan	Rademan	13	Young Talent Boys	Transvalia Atletiek Klub	5:56,51
9	Nico	Smit	11	Young Talent Boys	Individual	6:00,65
10	Christian	Du Toit	11	Young Talent Boys	Laerskool Eikestad	6:01,95
11	Timothy	Sebyboe	11	Young Talent Boys	Coastline AC	6:02,75
12	Jordan	van Zyl	11	Young Talent Boys	Souls on Fire	6:07,78
13	Granville	Joseph	13	Young Talent Boys	Superkids Riversdal	6:19,31
14	Stiaan	van Wyk	10	Young Talent Boys	Wesbank	6:20,41
15	Heinwill	Paulsen	10	Young Talent Boys	Superkids Riversdal	6:25,94
16	Mias	Nieuwoudt	12	Young Talent Boys	Pro Ed	6:29,92
17	Marius	De Vlam	14	Young Talent Boys	Coastline AC	6:41,32
18	Christiano	Micheals	9	Young Talent Boys	Superkids Riversdal	6:48,44
19	Henrique	Cupido	14	Young Talent Boys	Superkids Riversdal	6:53,01
20	Liebert	Nel	9	Young Talent Boys	Hennospark	7:05,32
21	Matt	Dippenaar	13	Young Talent Boys	Individual	7:06,03
22	Andrew	Scheepers	8	Young Talent Boys	Unika	7:06,79
23	Stephan	Kruger	10	Young Talent Boys	Goedehoop	7:16,19
24	Steph	Delport	13	Young Talent Boys	Individual	7:21,09
25	Hayquin-Lee	Pieterse	9	Young Talent Boys	Superkids Riversdal	7:29,14
26	Khalid	Yahrow	11	Young Talent Boys	Superkids Riversdal	7:31,63

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27	Bertu	Nel	9	Young Talent Boys	Hennospark	7:42,33
28	Estian	Nel	9	Young Talent Boys	Hennospark	7:42,93
29	Alexander	van Wyk	8	Young Talent Boys	Wesbank	7:47,77
30	De Wet	Viljoen	10	Young Talent Boys	Laerskool Eikestad	8:51,14

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	<b>Name</b>	<b>Surname</b>	<b>Age</b>	<b>Category</b>	<b>Club</b>	<b>Time</b>
1	Elri	Kruger	14	Young Talent Girls	AHMP	5:25,53
2	Caitlyn	Cawood	12	Young Talent Girls	Nedbank Running Club SWD	5:35,20
3	Minke	Shaw	12	Young Talent Girls	Eikestad Laerskool	5:38,13
4	Chanene	Barnard	10	Young Talent Girls	Zwarries AC	5:47,90
5	Maya	Van Greunen	14	Young Talent Girls	Menlopark	5:49,95
6	Keara	Domingo	14	Young Talent Girls	Heat	5:52,45
7	Emilia	Fortuin	13	Young Talent Girls	Fit2Run	5:53,50
8	Muezaan	Jansen	11	Young Talent Girls	Fit2Run	5:56,00
9	Carmi	Shaw	14	Young Talent Girls	Bloemhof Stellenbosch	6:02,96
10	Shanon	Swarts	11	Young Talent Girls	Fit2Run	6:06,02
11	Tonya	Schoeman	13	Young Talent Girls	Nedbank Running Club SWD	6:06,85
12	Miche	Kammies	11	Young Talent Girls	Fit2Run	6:11,92
13	Grane-Lee	Fortuin	10	Young Talent Girls	Fit2Run	6:21,90
14	Anja	Smit	13	Young Talent Girls	Individual	6:22,64
15	Niané	van Niekerk	11	Young Talent Girls	Souls on Fire	6:24,69
16	Janae	van Zyl	9	Young Talent Girls	Souls on Fire	6:32,17

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	Name	Surname	Age	Category	Club	Time
17	Evisly	Jooste	13	Young Talent Girls	Coastline AC	6:39,75
18	Cameron	Francis	10	Young Talent Girls	Coastline AC	6:44,81
19	Marguerite	Cockeran	10	Young Talent Girls	Laerskool Jan Celliers	6:51,43
20	Micayla	van Niekerk	9	Young Talent Girls	Souls on Fire	7:06,48
21	Jordan-Lee	Prins	9	Young Talent Girls	Superkids Riversdal	7:07,19
22	Tamzyn-Lee	Prins	11	Young Talent Girls	Superkids Riversdal	7:17,43
23	Ashlynn	Prins	8	Young Talent Girls	Superkids Riversdal	7:20,41
24	Nina	Smit	9	Young Talent Girls	Individual	7:32,19
25	Charne	Moolman	10	Young Talent Girls	Coastline AC	7:33,13
26	Anja	Koen	13	Young Talent Girls	MCS	8:00,61
27	Nikki Lee	Erasmus	11	Young Talent Girls	Souls on Fire	8:15,40
28	Anke	Koen	11	Young Talent Girls	MCS	8:24,09
29	Ella	Visser	7	Young Talent Girls	Hoërskool Piketberg	9:23,60
30	Logan	van Dyk	8	Young Talent Girls	Individual	9:24,41

## LADIES (Youth, 40+)

	Name	Surname	Age	Category	Club	Time
1	Carlé	Stockenström	15	Youth Girls	Oranje	5:18,24
2	Chenique	Sas	17	Youth Girls	Fit2Run	5:20,10
3	Alri	Verster	15	Youth Girls	PTC	5:21,62
4	Selma	Kotze	17	Youth Girls	Potchefstroom Gimnasium	5:23,39
5	Jandri	Snyders	17	Youth Girls	Hartenbos Drawwers	5:31,07
6	Marili	Munnik	52	Vets 40+ Ladies	Murray & Roberts	5:37,68
7	Delaine	Willemse	17	Youth Girls	Hoer Volksskool Heidelberg	5:55,45
8	Danielle	Joubert		Youth Girls	Oranje	5:58,63
9	Corne	Prinsloo		Vets 40+ Ladies	PPMK	5:59,09
10	Jonika	Jonkers	15	Youth Girls	Fit2Run	6:17,21
11	Dane	Hattingh	15	Youth Girls	Hoërskool Overkruin	6:33,38
12	Isabella	Cockeran	17	Youth Girls	Kingsmead College	6:45,78

## MEN (Youth , 40+)

	Name	Surname	Age	Category	Club	Time
1	Rico	Leijenaar	16	Youth Boys	PTC	4:23,40
2	Rowaldo	Cornelius	15	Youth Boys	Athletes Academy	4:28,06
3	Tyron-Lee	Andries	17	Youth Boys	Langenhoven Gimnasium	4:37,32
4	Gershwin	Fielies	17	Youth Boys	Coastline AC	4:46,09
5	Jaden	De Wet	16	Youth Boys	University of Johannesburg	4:46,86
6	Heinz	Stockenström	15	Youth Boys	Grey College	4:50,02
7	Petrus	Lottering	17	Youth Boys	Stellenbosch	4:50,69
8	Luciano	Stuurman	17	Youth Boys	Coastline AC	4:53,63
9	Nico	Vrey	15	Youth Boys	Nedbank Running Club	4:56,26
10	Karel	Burger	41	Vets 40+ Men	Murray & Roberts	4:57,98
11	Lee-tin	Syfers	15	Youth Boys	Fit2Run	4:59,74
12	Jueyren	November	15	Youth Boys	Fit2Run	5:03,14
13	Hanru	Krause	15	Youth Boys	Oranje	5:03,80
14	Divan	Hattingh	17	Youth Boys	Hoërskool Overkruin	5:14,64
15	Mauritz	Jansen van Rensburg	50	Vets 40+ Men	Outeniqua Harriers	5:19,06
16	Zandre	Afrika	16	Youth Boys	UWC	5:28,56
17	Cor	Leijenaar	51	Vets 40+ Men	PTC	5:32,38
18	Corné	Pretorius	15	Youth Boys	Hugenota	5:46,86
19	Gilroy	Domingo	49	Vets 40+ Men	Heat	6:11,52
20	Gerhard	Viljoen	55	Vets 40+ Men	HSRB	6:14,17
21	Gawie	van Jaarsveld	52	Vets 40+ Men	Kempton Road Runners	6:16,93
22	DB	Prinsloo		Vets 40+ Men	Kovsies	6:29,07
23	Francois	Pienaar	56	Vets 40+ Men	Discovery Vitality	8:06,46

## **LADIES (Open , Junior)**

	<b>Name</b>	<b>Surname</b>	<b>Age</b>	<b>Category</b>	<b>Club</b>	<b>Time</b>
1	Carina	Viljoen	24	Ladies Open	Murray & Roberts	4:46,15
2	Danielle	Verster	18	Junior Ladies	PTC	4:48,57
3	Simonay	Weitsz	22	Ladies Open	Tuks Athletics	4:50,13
4	Kesa	Molotsane	29	Ladies Open	Murray & Roberts	4:55,04
5	Nadia	Potgieter	18	Junior Ladies	Grasfontein	5:03,47
6	Ts'epang	Sello	24	Ladies Open	Kovsies	5:05,82
7	Beatrice	Themane	21	Ladies Open	TUT Athletics Club	5:06,43
8	Charne	Swart	19	Junior Ladies	Tuks Athletics	5:07,94
9	Carina	Swiegers	26	Ladies Open	Tuks Athletics	5:12,26
10	Vicky	Oelofse	21	Ladies Open	Kovsies	5:13,07
11	Caelin	Van Der Westhuizen	23	Ladies Open	Tuks Athletics	5:14,00
12	Lizandre	Mulder	24	Ladies Open	Kovsies	5:14,30
13	Anja	van Heerden	18	Junior Ladies	Paarl Girls High	5:15,03
14	Kirsti	Bell	19	Junior Ladies	Tuks Athletics	5:16,51
15	Leonore	Lubbe	19	Junior Ladies	NWU Athletics	5:22,84
16	Michelle	Visser	19	Junior Ladies	Tuks Athletics	6:14,54
17	Lennie	Muranganwa	18	Junior Ladies	UWC	6:50,16
18	Nonkululeko	Dlamini	22	Ladies Open	TUT Athletics Club	9:46,77

## MEN (Open , Junior)

	Name	Surname	Age	Category	Club	Time
1	Ryan	Mphahlele	23	Men Open	Tembisa AC	3:58,03
2	Jerry	Motsau	31	Men Open	PTC	3:58,52
3	Bruce-lynn	Damons	25	Men Open	Nedbank AC Cape Town	4:07,58
4	Keanu	Domingo	19	Junior Men	PTC	4:08,39
5	Christopher	Swart	21	Men Open	PTC	4:09,38
6	Niel	Van Der Merwe	18	Junior Men	Backtrack Athletics Club	4:10,50
7	Deon-lee	Hendricks	24	Men Open	Athletes Academy	4:12,88
8	Lloyd	Bosman	33	Men Open	Nedbank Running Club SWD	4:16,70
9	Rowhaldo	Ratz	23	Men Open	Athletes Academy	4:18,32
10	Nicholas	Whittaker	20	Men Open	Fitness from Africa	4:22,51
11	Andy	Munnik	18	Junior Men	Midstream College	4:23,81
12	Lesiba	Chokoe	26	Men Open	TUT Athletics Club	4:24,59
13	Melt	Von Molendorff	21	Men Open	Athletes Academy	4:25,83
14	Mandla	Mahlangu	23	Men Open	TUT Athletics Club	4:28,70
15	Mario	van Schalkwyk	21	Men Open	Superkids Riversdal	4:29,51
16	Francois	Maquassa	26	Men Open	Nedbank Running Club ASWD	4:32,23
17	Dannyboy	Sehema	20	Men Open	TUT Athletics Club	4:33,13
18	Llewellyn	Coleman	23	Men Open	Kovsies	4:33,85
19	Ruan	Jonck		Men Open	Kovsies	4:36,14
20	Bennie	Prinsloo		Men Open	Kovsies	4:38,33
21	Thabiso	Mashaphu	21	Men Open	TUT Athletics Club	4:38,92
22	Heinrich	Bruhns	23	Men Open	Kovsies	4:40,10
23	Miclas	Langa	27	Men Open	TUT Athletics Club	4:40,90
24	Chris	Du Plessis	21	Men Open	Individual	4:41,48
25	Hannes	Naude		Men Open	Kovsies	4:42,22
26	Mogale	Oratile	19	Junior Men	TUT Athletics Club	4:43,91

## **MEN (Open , Junior)**

	<b>Name</b>	<b>Surname</b>	<b>Age</b>	<b>Category</b>	<b>Club</b>	<b>Time</b>
27	Pontsho	Nkhumane	22	Men Open	TUT AC	4:44,88
28	Linda	Mabanga	23	Men Open	TUT Athletics Club	4:47,16
29	Max-Lee	Pedro	20	Men Open	Superkids Riversdal	4:48,38
30	Joshua	Kirby	20	Men Open	Kuils River Runners Club	4:52,88
31	Mervin	Steenkamp	33	Men Open	Coastline AC	4:56,87
32	Claus	Kempen	37	Men Open	Kovsies	4:59,29
33	Genuwine Shahim	Willemse	19	Junior Men	Sao Brass High	5:02,16
34	Leon	Adams	27	Men Open	Coastline AC	5:02,94
35	Tiaan	Swanepoel	21	Men Open	Paul Roos Gimnasium / Endurocad	5:06,18
36	Micardo	Maregele	19	Junior Men	UWC	5:07,69
37	Jean	Rossouw	22	Men Open	Backtrack Club	5:10,18
38	Stokkies Lelotlo	Mohubedu	18	Junior Men	TUT Athletics Club	5:14,69